NITTOL

Shield up. Lice down.

Please read the entire instructions for use carefully before you start using Nittol Anti-Lice Shampoo. Do not throw this leaflet away. If you have any questions, please ask your doctor or pharmacist. For more information or a new copy of instructions visit: www.nittol.com

ANTI-LICE SHAMPOO

ABOUT HEAD LICE

Head lice are tiny wingless insects that live exclusively in the hair and feed on blood. About the size of a sesame seed, an adult louse lives for around 30 days and can lay up to 150 eggs in that time. Eggs hatch in around 9 days and reach adulthood in around another 10 days. Lice inject saliva into the scalp when feeding, which can cause itching and irritation. To confirm you have them, check the hair carefully for lice or eggs, which are easier to spot in good light.

HOW DO PEOPLE GET LICE?

Lice spread through head-to-head contact, which is why they are so common in school-age children. They can also be picked up through sharing combs, hats, scarves and similar items. Lice have nothing to do with hygiene; they are just as happy on clean hair as any other kind.

ABOUT NITTOL ANTI-LICE SHAMPOO

Nittol Anti-Lice Shampoo is indicated for the treatment and prevention of head lice (Pediculus humanus capitis) infestations and nits on the scalp and hair. Nittol Anti-Lice Shampoo is a dual-action, routine friendly treatment for the whole family from age 6 months+.

- **Kills lice and eggs** — works in just 5 minutes; leave it on for 10 minutes to treat eggs more effectively. Because it works physically, by coating and dehydrating, the lice cannot develop resistance to it.
- **Loosens eggs** — the formula loosens the grip between eggs and hair, so they comb out more easily.
- **Cleans hair** — lathers like a regular shampoo so you treat and wash at the same time.

HOW IT WORKS

Nittol Anti-Lice Shampoo works by a dual physical action. The formula coats and immobilizes lice while dissolving the protective wax coating causing it to dehydrate. It also loosens eggs' grip on the hair, so they comb out more easily. Treat and wash in one step. It is insecticide-free and free from volatile cyclic silicones (D5/D6).

HOW TO USE

Nittol Anti-Lice Shampoo can be used in four simple steps. The whole process takes around 20–30 minutes depending on length and thickness of hair.

CHECK FOR HEAD LICE FIRST

Use the enclosed lice comb to check the hair of each family member, ideally in daylight. Before each use, check that the comb is free from lice and eggs, and ensure it is not broken.

- Dry hair is easier to check.
- Brush out any tangles first, then go through the hair one section at a time.
- Pay extra attention to the roots, behind the ears and the nape of the neck as lice like these spots.
- After each use, clean the comb in warm, soapy water to avoid further infestation. Do not boil the comb.

If head lice are confirmed, follow the steps below. Treat everyone who has head lice on the same day to stop lice passing back and forth.

STEP 1 — Apply. Shake the bottle before use. Apply to DRY hair, working from roots to tips and covering the whole scalp. Keep it away from the eyes. Massage in well, paying extra attention to the nape and behind the ears. One treatment uses approximately 50ml, depending on length and thickness of hair.

STEP 2 — Leave on. Leave on for 5 minutes to kill the lice. For better results on eggs, leave on for up to 10 minutes.

STEP 3 — Wash out. Add water to the hair to work up a foam. Wash and rinse the hair thoroughly, making sure everything is rinsed out. Do not use a hair dryer until product is fully washed out.

STEP 4 — Comb through. While the hair is still wet, use the enclosed lice comb to remove any remaining lice and eggs.

- Work through wet hair with the fine-toothed comb provided.
- Divide the hair into 4 sections: front to back and ear to ear. For long hair, you can braid each section to keep it manageable.
- Work through each section in small locks of hair so you can see the scalp clearly.
- Start each section as close to the scalp as possible and comb all the way through. Thorough combing is key to removing all lice and eggs.
- Remove any louse or egg you find with the comb.
- Once a section is clear, clip or braid it to one side.
- Wipe the comb clean with a cotton pad or tissue after each section and always comb from root to tip.

GOOD TO KNOW

Because Nittol works physically rather than chemically, lice cannot develop resistance to it. However, a treated person can always catch lice again from someone who has not yet been treated. Check the hair again after 7 days and repeat treatment if needed. Nittol is safe to use again and will be just as effective.

A FEW OTHER THINGS TO DO

Let the school and close contacts know so they can check too. Avoid sharing hats and combs. Check all family members and treat anyone who has lice with Nittol Anti-Lice Spray, Lotion, or Shampoo.

WHO SHOULD NOT USE THIS PRODUCT
Do not use this product on:
- Anyone with a known allergy to any of the listed ingredients.
- Children under 6 months.
- If you are pregnant or breastfeeding, seek medical advice before using Nittol treatments.

This product is only suitable for head lice; it is not suitable for pubic or body lice.

Take care
- Keep the product away from eyes, mouth and nose. If it gets into the eyes, rinse well with clean water for 15 minutes. If irritation continues, seek medical advice.
- Do not use if you are allergic to the fragrance or any listed ingredient. If a rash or irritation appears, stop the treatment and wash the hair straight away. If irritation persists, seek medical advice.
- Do not use on broken or very irritated skin. For external use only.
- Do not swallow. If accidentally swallowed, do not induce vomiting, contact a doctor or poison control center immediately, and take the pack with you.
- Rinse thoroughly and always follow the treatment time. Do not cover hair with a cap or foil during treatment.

KEEP AWAY FROM HEAT AND FLAMES
While the product is in the hair, keep away from all heat sources including candles, open flames, stovetops and hair dryers. Do not smoke during treatment. Only use a hair dryer once the product has been fully washed out and the hair is dry.

POSSIBLE SIDE EFFECTS
Mild itching or scalp redness may occur. If the product contacts the eyes, it may cause irritation. If any reaction continues or you notice other side effects, stop use and seek medical advice.

STORAGE
Store in a cool dry place (10ºC – 25ºC) away from direct light. Keep out of the reach of children. Do not use after the expiration date shown on the pack. Clean the comb with mild soap and water and towel-dry it; do not put it in the dishwasher.

DISPOSAL
When finished with the bottle, rinse it and recycle it according to local waste-management guidelines.

INGREDIENTS
Isopropyl Myristate, MIPA-Laureth Sulfate, Laureth-4, Propylene Glycol, Cocamide MIPA.

REPORTING OF INCIDENTS
If a serious incident occurs in relation to this product, please report it to the manufacturer (details below) and to the relevant authority in your country.
For more information see **www.nittol.com**

CONTENTS OF NITTOL ANTI-LICE SHAMPOO
One 200ml bottle containing anti-lice shampoo.
One metal toothed lice comb.

TheOTCLab
Fred. Roeskestraat 115
1076 EE Amsterdam
The Netherlands
www.theotclab.com

Companyname
Street and number 123
1076 EE City
Country

Date of Revision: August 2026

EXPLANATION OF SYMBOLS
The warning signs and symbols on the packaging and instructions for use are essential to ensure that you use this product safely and correctly and to protect you and others from injury. The symbols are explained in the table below.

Symbol	Explanation
	Symbol for the manufacturer
	Symbol that indicates to consult the instructions for use
	Symbol for the expiration date
MD	Symbol that indicates that the item is a medical device
REF	Catalog / reference number
UDI	Symbol that indicates the Unique Device Identifier
CE 0482	CE marking with the four-digit identification number of the notified body involved in the conformity assessment procedure. CE marking is the manufacturer's declaration that the product complies with the requirements of the applicable European Legislation/Regulation
LOT	Symbol for the Lot number
	The product shall be stored between 10˚C and 25˚C
	Symbol that signifies that the product must be kept out of the reach of children
	Symbol that indicates the age limit for usage

200ml℮ CE 0482

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